

**2010 Publisher and Series Names  
State Recommended Learning Resources  
*Revised – January 24, 2011***

**K-12 Health and Physical Education**

**Apex Learning**

Physical Education  
Skills for Health

**Educational Development Corporation**

Why Should I Bother To Keep Fit?  
Why Shouldn't I Eat Junk Food?

**Holt McDougal**

Holt: Decisions for Health (Level Green – Grade 6)  
Holt: Decisions for Health (Level Red – Grade 7)  
Holt: Decisions for Health (Level Blue – Grade 8)  
Holt: Lifetime Health (Grades 9-12)

**Human Development Resource Council (HDRC)**

Are You Dying To Have Sex?  
Preview of A Birth  
What They Never Told You About The Facts of Life

**Human Kinetics**

Fitness for Life: High School/Updated Fifth Edition  
Fitness for Life: High School/Updated Fifth Edition/Electronic Access  
Fitness for Life: Middle School  
Fitness for Life: Middle School/Electronic Access

**Hunter Textbooks**

Get Active! Get Fit! (Middle School)  
Personal Fitness for You (High School)

**KYD Publishers**

How To Manage Your Parents (Without Manipulation)

**Pearson Education/Prentice Hall**

Prentice Hall Health  
Drive Right

**Realityworks**

(Publisher Has Withdrawn Their Learning Resources/Materials From the State Recommended List)

**School Education Group (Glencoe/McGraw-Hill)**

Teen Health Course 1 (Grade 6)

Teen Health Course 2 (Grade 7)

Teen Health Course 3 (Grade 8)

Glencoe Health

Foundations of Personal Fitness

**School Education Group (Macmillan/McGraw-Hill)**

Health & Wellness (Kindergarten)

Health & Wellness (Grade 1)

Health & Wellness (Grade 2)

Health & Wellness (Grade 3)

Health & Wellness (Grade 4)

Health & Wellness (Grade 5)

**The SPARK Programs**

Grades K-2 Physical Education

Grades 3-6 Physical Education

Middle School Physical Education